

Testimonials on Joseph Carringer and didgeridoo harmonic therapy

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For years I have recognized the effect of "music" on the subtler layers of my being. When I had the good fortune to meet Joseph and experience the healing affect of the didgeridoo, it started to make more sense to the releases, and me the self-imposed restrictions, began to happen. To then combine the healing vibrations of the didgeridoo with restorative yoga was like putting the frosting on the cupcake! Joseph's gentleness and understanding is in perfect alignment with the healing we all contain within. I'm not sure if he's the cupcake or the frosting - perhaps both!

Lily
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